

# FREEDOM

## Freedom Leader Training Guide

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# FREEDOM LEADERS TRAINING/RALLY NIGHT

## Prerequisites to Lead

- Complete Discipleship Group (Freedom or Rooted)
- Attend a Freedom Retreat or Rooted Celebration
- Attend Freedom Leader Training and serve as a Co-leader

## Communication From Leaders & Freedom Team

Communication is vital to our success as a team.

We will communicate through several methods to ensure you are receiving Freedom Team information.

### Email

**Email will be the primary method of communication for the team.**

Our emails communicate everything that you need to know so please check your inbox often and carefully read emails.

If you are not receiving emails:

- Make sure you are registered as a leader
- Check your junk folder

### Freedom Leader & Co-Leader Pairing

- Best form of pairing is relational pairing - Talk to people you know first
- If you need assistance being placed with a leader or co-leader please contact the Freedom Administrator or Director.

## Leading an Effective Freedom Group

### Excellence

- Excellence is a way of life
- Once you are a Freedom Leader you are always a Freedom Leader. People will remember you as their Freedom Leader for many semesters to come.
- Social Media Discipline

### The Role of the Leader

- Take the Lead
- Develop Co-leaders

### The Role of the Co-Leader

- Support the Leader
- Pray for leader and participants
- Participation
- Facilitate 4-5 weekly discussions
- Pray with Participants
  - 3 Options
    - Receive prayer
    - Observe leader praying
    - Participate and pray

### Your First Meeting

- Introduction to Freedom
- The 3-Minute Testimony
- Flow of the Group
- Communication Structure
- Tell of Retreat Date and that it's 50% of the Freedom experience
- Staying on Time
- Co-Ed Groups – it is recommended that you split up at discussion time

### Sample Schedule for Each Meeting

- 7:00pm** - Welcome/light refreshments
- 7:15pm** - Worship
- 7:20pm** - Leader open with prayer to close worship
- 7:22pm** - Leader open with discussion
- 8:15pm** - Participants complete prayer request card.  
Leaders pray with each person individually  
Male w/ Male; Female w/ Female
- 8:30pm** - Dismiss group

### Points to Remember

- This is THEIR Freedom group
- Radical Opinions – leave them out
- Stay on that week's topic
- The Role of the Facilitator
  - 70/30 Rule (Participants/Leader)
  - Redirecting discussions
  - Encourage everyone to share

### *Individual Prayer Time*

- Start prayer the first week!
- ALWAYS end with prayer – end discussion if necessary.
- Establish Salvation

### Prayer Format

1. Brief Interview
2. Listen for the lie
3. Replace the lie with the truth from God's word

### *Prayer is the Foundation of Freedom Groups*

## Retreat Info

- Serving at the Freedom Retreat is open to Freedom Group Leaders and Co-leaders
- Your role on the Retreat Serve team is vital, so please mark your calendar and encourage 100% participation from your group members
- The retreat will be a one day retreat

## Freedom Group and Retreat Information for Participants

Here is information to be communicated to your Freedom Group Participants:

- Vision of Freedom - The goal of Freedom is to get free from the burdens of the past and the present and to move forward in your purpose
- Cost of Participant Book \$15.00 each; sharing books is strongly discouraged
- Books can be purchased at any campus on Sunday or at front desk of Main Offices prior to first night of class.
- Following the 10-week study is a powerful one day retreat designed to allow participants to personally encounter the Lord and receive freedom in many areas of spiritual life.

## Freedom Leaders Safeguards

As Christian leaders, we need to be above reproach.

Paul wrote, *“Don’t be so naive and self-confident. You’re not exempt. You could fall flat on your face as easily as anyone else. Forget about self-confidence; it’s useless. Cultivate God-confidence.”* (1 Corinthians 10:12 Message)

The following safeguards are suggestions for your protection. The devil would love nothing more than to destroy your credibility as a leader.

### Freedom Leaders Safeguards

- (If you are married) Don’t go to lunch alone with the opposite sex.
- (If you are married) Don’t have the opposite sex pick you up or drive you places when it is just the two of you.
- Be careful of showing affection with the opposite sex that could be misinterpreted.
- Avoid visiting the opposite sex alone at home.
- Avoid counseling the opposite sex alone, and do not counsel the opposite sex more than once without that person’s spouse.
- Don’t discuss detailed sexual problems with the opposite sex in counseling. Refer them.
- Don’t discuss your marriage problems with a member of your group who is of the opposite sex.
- Be careful in answering emails, instant messages, chatrooms, cards, or letters from the opposite sex.
- Have a protective ally, for example, your spouse or administrative assistant.
- Pray for the integrity of other Freedom Leaders.

*“But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God’s holy people.”* (Eph. 5:3)